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## Perceptions of healthcare professionals on using genetics to tailor nutrition interventions for heart disease

## Do you work with people with heart disease? We want to know your perceptions on using genetics to inform nutrition interventions.

Emerging research has highlighted a relationship between diet and genetics, suggesting that individuals may benefit more from personalised dietary recommendations based on their genetics.

Nutrition and genetic researchers at the University of Newcastle are conducting a brief (5-10min) survey and optional interview on your perceptions of using genetics to inform nutrition interventions and need your help!

## How to get involved?

You can check your eligibility and complete the survey at <a href="https://redcap.link/geneticsheartsurvey">https://redcap.link/geneticsheartsurvey</a> HCP or by scanning the QR code. If you have any questions, please email Dr Erin Clarke <a href="mailto:Erin.Clarke@newcastle.edu.au">Erin.Clarke@newcastle.edu.au</a>



Thank you for considering this invitation for the research project "Perceptions of using genetics to tailor diet in heart disease."

This project was approved by The University of Newcastle Human Research Ethics Committee approval number H-2023-0307

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