

# Partnering for Outcomes

a collaborative approach to outcomes-focused commissioning with  
AOD services

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# Acknowledgement of Country

SWSPHN would like to acknowledge the Awabakal and Worimi peoples, the traditional custodians of the land we are meeting on today and pay respects to Elders past, present and emerging

# The Challenge – Needs Assessment



High level of  
unemployment

Single families

Poor school  
completion



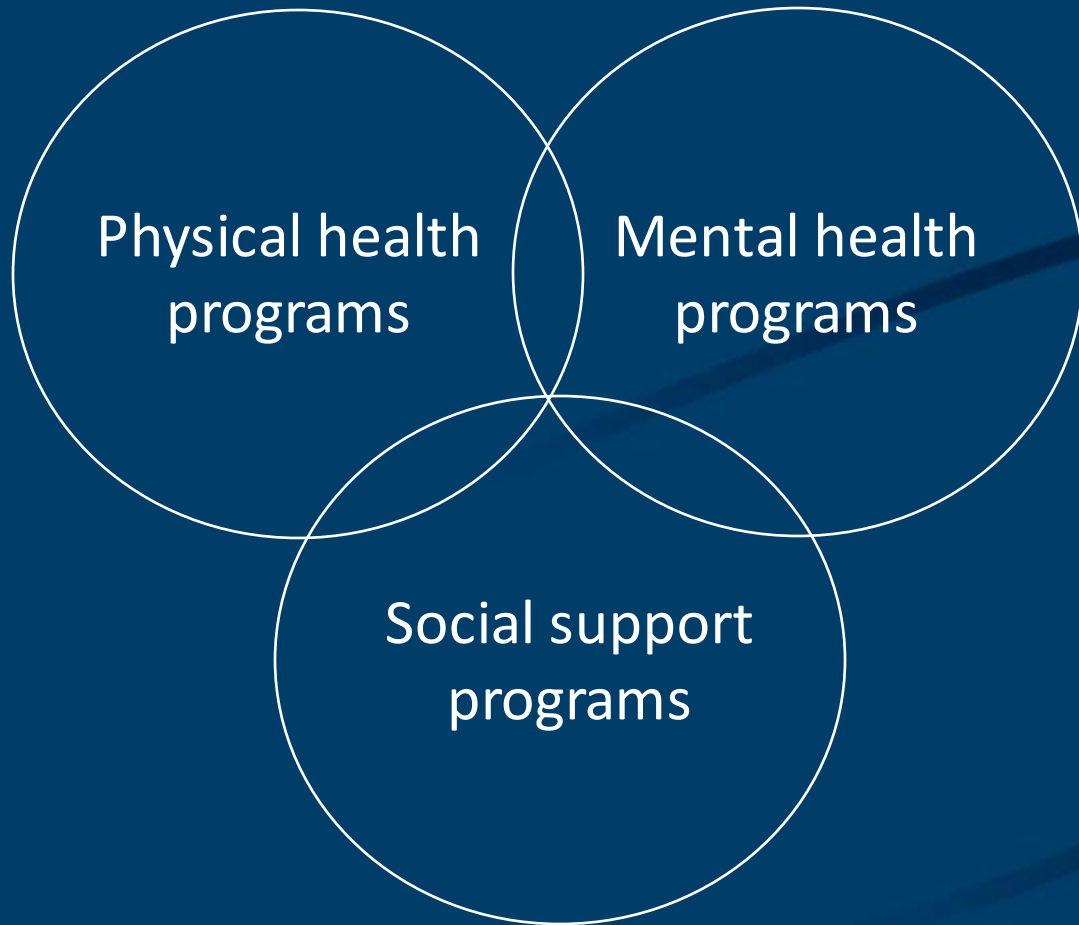
Centrelink payments

Court appearances

Employment

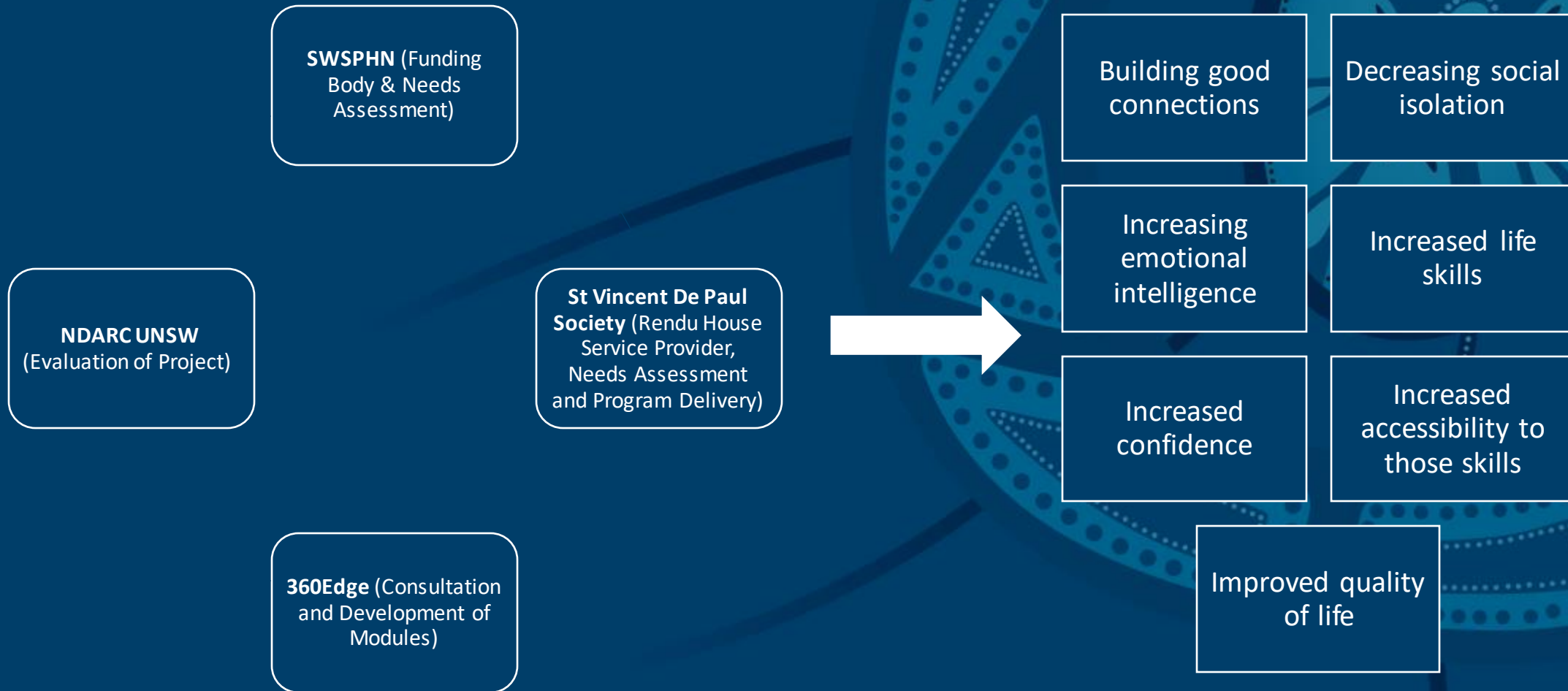
Integration and coordination of care

# The Challenge – Consultation/Codesign



**SKILLS  
BUILDING**

# The Approach – Collaboration to address desired outcomes



# The Approach – Transforming Outcomes

## Psychoeducation Module Topics

- Making a start
- Problems and solutions
- Dealing with difficult situations
- Mental health - anger
- Mental health – low mood
- Mental health – anxiety
- My supports
- Life skills
- Physical health
- Staying on track
- **Clients had to complete a minimum of 3 modules\*\*\***

## Session Structure

- Welcome, check, homework review
- Cycles of discussion, psychoeducation and activity
- Summary/homework
- Resources
- Facilitator Guidance with instructions, scripts and worksheets

## Outcomes and Outcome Measures

- % of participants who completed the program + % of clients who achieved their goals (Goal Based Outcomes Helpful Ideas Tracker)
- Psychological distress – K10+
- Quality of Life (section 3 of COMS)
- ATOP (substance use and general wellbeing section) &/OR severity of dependence

# The Impact – Outcomes-based Commissioning Process

## Clarity and Purpose

- *All stakeholders were clear on what the modules were delivering and why*
- *Joint Aim and Shared Expertise*
- *Facilitators were able to justify the importance of recording outcome measures*

## Practicality

- *Requires early involvement and planning*
- *Effective communication and collaboration*
- *Expertise around M&E tools such as PLM, Evaluation Plans and Codesign*

# The Impact – Acceptability and Impact of the Modules

## Highlighted themes and what worked?

Client: "That referral to mental health was very helpful, and having the accessibility over the phone has been helpful. I'm not in the best financial situation to use public transport all the time and accessibility has been great with your service"

Ongoing Clinical Supervision

Relapse prevention and coping strategies

Flexibility (1:1, Telehealth, No Fee for Service)

Adaptable module language

Facilitators with a high level of AOD clinical skills and experience



# The Learnings

*'Future activity planning should incorporate the outcome-based commissioning process as it was of benefit and valued by stakeholders. Earlier involvement of developers and evaluators may assist with ensuring that stakeholders share a common view around project outcomes.'*

Evaluation of Psychoeducation Modules for Drug and Alcohol Support Service

Outcomes Focused Commissioning

Contractual considerations with multiple stakeholders

Intellectual property/authorship considerations

Alternative pathways for utilising underspend to enhance programs

"In my eyes I thought I was the only one with these problems, doing the program strengthened me and the reassurance was encouraging and helped me knowing that I can do this. My tool box was empty for so long ...there is hope"



# For more information

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