

Dementia support

Alzheimer's Australia – National Dementia Helpline

- Information about dementia and memory loss
- Information about government support services and local services
- Emotional support
- Phone, online chat or email support
- Phone **1800 100 500** (Monday to Friday, 9.00am to 5.00pm) | Visit dementia.org.au

Dementia Advisory Service

- Information, education and support
- Links people to local services
- **Glenn Innes:** phone **6739 0100**
- **Narrabri:** phone **6799 2000**

Dementia assessment and support services

HealthWise Memory Assessment Program

- Assessment and diagnosis for people with mild to moderate cognitive impairment
- Support for people with diagnosed dementia and their carers
- Referral to local services
- Home visits in Armidale, Glen Innes, Guyra, Inverell, Tenterfield, Uralla and Walcha
- Talk to your GP as a referral is required
- Phone **6771 1146**

Hunter New England Local Health District Cognition and Memory Service (C&MS)

- Support for people with diagnosed dementia and their carers
- Referral to local services
- Home visits may be available in Moree, Mungindi, Wee Waa, Boggabri, Warialda and Bingara
- Talk to your GP as a referral is required

Armidale Community Health

- Phone **6776 9600**

Narrabri Community Health

- Phone **6799 2800**

Tamworth Community Health

- Phone **6767 8100**

Dementia behaviour management support services

Dementia Behaviour Management Advisory Service (DBMAS)

- A service for people with dementia and their carers where behaviour impacts on care and quality of life
- Helpline (24 hours, 7 days a week)
- Phone **1800 699 700**
- The service can also provide assessment, care planning and case management

Transitional Behavioural Assessment and Intervention Service (T-BASIS)

- This service is for people with dementia and challenging behaviour that cannot be managed at person's current place of residence. It is an inpatient service based at Tamworth Hospital.
- Talk to your GP as a referral is required

Carer support

Carer Gateway

- National online and phone service providing practical information and resources to support carers
- Phone **1800 422 737** (Monday to Friday, 8am to 6pm) | Visit carergateway.gov.au
- The website is available in a number of languages: carergateway.gov.au