



An Australian Government Initiative

Drug and Alcohol Treatment Services

Service Providers

as at February 24, 2017

INTRODUCTION

The Hunter New England and Central Coast Primary Health Network (HNECC PHN) has commissioned health service providers to provide a range of Drug and Alcohol Treatment and Support Services to address the impact of alcohol and other drugs, including methamphetamines, on individuals, their families and the community.

The aims of the Services are to:

- Increase the service delivery capacity of the drug and alcohol treatment sector through improved regional coordination and by targeting areas of need, with a focus on methamphetamine use in the community; and
- Improve the effectiveness of drug and alcohol treatment services for individuals requiring support and treatment, particularly for methamphetamine use, by increasing coordination between various sectors, and improving sector efficiency.

Services are expected to commence in January 2017 for the period until 30th June, 2018. Service providers will address identified areas of need aligning with the following Service Types:

- **Withdrawal management**
- **Psychosocial Counselling**
- **Rehabilitation Day Program** and other intensive non-residential programs
- **Residential Rehabilitation.**

Services commissioned under this program will not duplicate or replace existing drug and alcohol treatment and support services, and will instead facilitate the delivery of additional treatment placements or provide new, complementary service-types to address local gaps and contribute to greater regional continuity of care for clients accessing treatment.

SERVICE TYPE DESCRIPTIONS¹

Withdrawal management

Withdrawal management (detoxification) refers to the safe discontinuation of use of a substance of dependence. Withdrawal management services aid in the cessation or reduction of heavy and prolonged drug use in a safe, supportive environment. Treatment is acute and provides short-term outcomes.

The service setting for PHN-funded withdrawal management services provided through Armajun Aboriginal Health Service are home-based ambulatory (support provided through daily home visits or visits to the clinic). Yerin Aboriginal Health Service will support clients undertaking withdrawal management through Local Health District or General Practice Clinics through care coordination to ensure pathways to post-withdrawal treatment.

Psychosocial Counselling

Psychosocial counselling programs for the treatment of alcohol and other drug use cover a wide range of therapeutic interventions. It is a program of care based on assessment of needs, including psychological therapeutic interventions and case management or care coordination to facilitate integrated, holistic care with other relevant health and community service providers, as per the client's identified needs.

Rehabilitation Day Program

Day programs provide intensive, non-residential support for people seeking to change their alcohol or other drug use patterns.

Day programs may entail:

- Structured therapeutic groups, with daily attendance;
- Support programs, with daily attendance with aim of providing treatment and support for clients awaiting placement in residential programs, or;
- Post residential-treatment support.

Residential Rehabilitation

Residential treatment provides structured, residential care after physical withdrawal from prolonged and/or harmful alcohol or other drugs use, that enables a focus on intensive recovery activities. Residential treatment is a program of care for people with intense, complex needs, delivering holistic, client centred treatment to address substance use disorders, and provides psychosocial interventions to address issues behind the substance dependence. The length, intensity and type of residential care model is driven by client need.

¹ Service Type Descriptions are reproduced with kind permission from the NSW Ministry of Health.

Sub-Region: NEW ENGLAND

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Residential Treatment	Armidale / Dumaresq	St Vincent De Paul Society NSW	Freeman House, Armidale	N/A	02 9568 0262
Drug and Alcohol Counselling	Armidale / Dumaresq	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Armidale / Dumaresq	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Glen Innes Severn	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Glen Innes Severn	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Gunnedah	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Guyra	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Guyra	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Gwydir	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Inverell	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Inverell	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Liverpool Plains	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Moree Plains	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Moree Plains	Ted Noffs Foundation	Moree	Youth (16-24 years)	Service expected to commence March, 2017
	Narrabri	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Tamworth Regional	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017

	Tenterfield	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Tenterfield	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Uralla	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Uralla	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Walcha	St Vincent De Paul Society NSW		N/A	Service expected to commence April, 2017
	Walcha	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
Rehabilitation Day Program	Tamworth Regional	St Vincent De Paul Society NSW	Tamworth	N/A	Service expected to commence March, 2017
Ambulatory Withdrawal Management	Armidale / Dumaresq	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Glen Innes Severn	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Guyra	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Gwydir	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Inverell	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Tenterfield	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Uralla	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017
	Walcha	Armajun Aboriginal Health Service		Indigenous clients only	Service expected to commence March, 2017

NOTE

Contact the HNECC PHN on **1300 859 028**:

- For further information regarding the provision of commissioned services
- If you need further assistance contacting service providers or identifying service options
- If you are concerned that there may be a high risk of adverse outcome for a patient and you require additional support.

Sub-Region: HUNTER

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Residential Treatment	Cessnock	We Help Ourselves	Cessnock	18+ Years	02 4991 7000
Drug and Alcohol Counselling	Lake Macquarie	Hunter Primary Care	Jewell and Toronto	N/A	02 4926 0529
	Maitland	Hunter Primary Care	Maitland	N/A	02 4926 0529
	Newcastle	Hunter Primary Care	Newcastle	N/A	02 4926 0529
	Port Stephens	Hunter Primary Care	Medowie	N/A	02 4926 0529
	Singleton	Hunter Primary Care	Singleton	N/A	02 4926 0529

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Sub-Region: CENTRAL COAST

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Withdrawal Management (Support through Care Coordination)	Gosford	Yerin Aboriginal Health Services		Indigenous clients only	02 4351 1040
	Wyong	Yerin Aboriginal Health Services	Eleanor Duncan Aboriginal Health Centre, Wyong	Indigenous clients only	02 4351 1040
Residential Treatment	Wyong	Kamira AOD Treatment Services	Hamlyn Terrace	Pregnant women and/or those with young children	02 4392 1341
	Wyong	Ngaimpe Aboriginal Corporation (The Glen)	Chittaway Bay	Men only aged over 18	02 4388 6360 Complete the online assessment form http://www.theglencentre.org.au/application.html

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AND CENTRAL COAST

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