



An Australian Government Initiative

Indigenous Mental Health Services

Service Providers

as at February 24, 2017

INTRODUCTION

The Hunter New England and Central Coast Primary Health Network (HNECC PHN) has commissioned health service providers to provide a range of Mental Health Services that will improve the mental health and wellbeing of Aboriginal and Torres Strait Islander people across its region.

The aim of the Indigenous Mental Health Services Program is to improve access to joined up, integrated, culturally appropriate and safe mental health services that holistically meet the mental health and healing needs of Aboriginal and Torres Strait Islander people.

The objectives of the Indigenous Mental Health Services program are to:

- Provide Indigenous Mental Health Services in areas of identified need that are culturally appropriate and safe, and meet the needs and preferences of clients, their families and communities;
- Reduce barriers and improve access to mental health care services and other community services required to holistically meet the needs of Aboriginal and Torres Strait Islander people;
- Complement and link with other closely connected services, including for example drug and alcohol services, social and emotional wellbeing services, and primary mental health care services, to enhance and better integrate Aboriginal and Torres Strait Islander mental health services at a local level, including to provide appropriate and timely responses in times of crisis;
- Provide or link affected families, carers and communities with support and information;
- Promote a coordinated, multi-disciplinary team based approach to the provision of integrated mental health care services for Aboriginal and Torres Strait Islander peoples.

Services are expected to commence in January 2017 for the period until 30th June, 2018.

Service providers will address identified areas of need aligning with the following Service Models:

- **Care Coordination** Service Delivery Model
- **Group Program** Service Delivery Model
- **Peer Navigation** Service Delivery Model
- **Suicide Preparedness and Postvention** Service Delivery Model.

SERVICE MODEL DESCRIPTIONS

Care Coordination

This Program is targeted at Aboriginal and Torres Strait Islander people who are experiencing severe and complex mental illnesses, who are being managed in the primary care setting and who would benefit from assistance with self-management through support from a Mental Health Care Coordinator. The Indigenous Mental Health Services Care Coordination program is to be delivered by qualified health workers (e.g. mental health professionals, Aboriginal Health Workers, allied health workers) with the appropriate skills and cultural competency.

Group Program

This Program is targeted at Aboriginal and Torres Strait Islander people who are experiencing, or are at risk of developing mild to moderate symptoms of mental illness and would benefit from a group-based early intervention program. The Indigenous Mental Health Services Group Program is to be delivered by qualified Aboriginal mentors supported by health workers (e.g. mental health professionals, Aboriginal Health Workers, allied health workers) with the appropriate skills and cultural competency.

Peer Navigation

This Program is targeted at Aboriginal and Torres Strait Islander people who are experiencing, or are at risk of developing mild to moderate symptoms of mental illness and who would benefit from assistance to access to early interventions such as low-intensity treatments and appropriate social supports.

The Indigenous Mental Health Services Peer Navigator program is to be delivered by peer workers who have a lived experience of mental illness, or experience as a carer of someone with a mental illness. The peer workers require appropriate skills and cultural competency. The peer workers require involvement with a suitably skilled, qualified and culturally competent health worker (e.g. mental health worker, Aboriginal Health Worker, Practice Nurse). It is envisaged that peer workers would co-locate with primary health services such as an Aboriginal Medical Service or a General Practice.

Suicide Preparedness and Postvention Service

This Program is targeted at Aboriginal and Torres Strait Islander communities who are affected by the suicide death of a community member. The Indigenous Mental Health Services Suicide Preparedness and Postvention program is to be supported by qualified health workers (e.g. mental health professionals, Aboriginal Health Workers) with the appropriate skills and cultural competency.

Sub-Region: HUNTER

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Care Coordination	Cessnock	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Dungog	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Gloucester	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Great Lakes	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Greater Taree	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Lake Macquarie	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Maitland	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Muswellbrook	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Newcastle	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Port Stephens	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Singleton	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
	Upper Hunter	Hunter Primary Care		Indigenous Clients only	Sally Regan 02 4935 3071
Group Program	Cessnock	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Lake Macquarie	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Maitland	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Newcastle	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au

	Port Stephens	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
Peer Navigation	Cessnock	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Greater Taree	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Lake Macquarie	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Maitland	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Newcastle	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au
	Port Stephens	New Horizons		Indigenous Clients only	Thomas Franks, 02 4037 0400 wellbeingwarriors@newhorizons.net.au

NOTE

Contact the HNECC PHN on **1300 859 028**:

- For further information regarding the provision of commissioned services
- If you need further assistance contacting service providers or identifying service options
- If you are concerned that there may be a high risk of adverse outcome for a patient and you require additional support.

Sub-Region: CENTRAL COAST

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Care Coordination	Gosford	Yerin Aboriginal Medical Service		Indigenous Clients only	Denver 02 4351 1040
	Wyong	Yerin Aboriginal Medical Service	Eleanor Duncan Aboriginal Health Centre Wyong	Indigenous Clients only	Denver 02 4351 1040
Group Program	Gosford	Yerin Aboriginal Medical Service		Indigenous Clients only	Denver 02 4351 1040
	Wyong	Yerin Aboriginal Medical Service	Eleanor Duncan Aboriginal Health Centre Wyong	Indigenous Clients only	Denver 02 4351 1040
Peer Navigation	Gosford	Yerin Aboriginal Medical Service		Indigenous Clients only	Denver 02 4351 1040
	Wyong	Yerin Aboriginal Medical Service	Eleanor Duncan Aboriginal Health Centre Wyong	Indigenous Clients only	Denver 02 4351 1040

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Sub-Region: NEW ENGLAND

SERVICE DESCRIPTION	LGA	SERVICE PROVIDER	SERVICE LOCATION	ELIGIBILITY CRITERIA	REFERRAL CONTACT
Care Coordination	Armidale Dumaresq	HealthWISE		Indigenous Clients only	TBA
	Glen Innes Severn	HealthWISE		Indigenous Clients only	TBA
	Gunnedah	Centacare		Indigenous Clients only	02 6738 7200
	Guyra	HealthWISE		Indigenous Clients only	TBA
	Gwydir	HealthWISE		Indigenous Clients only	TBA
	Inverell	HealthWISE		Indigenous Clients only	TBA
	Liverpool Plains	HealthWISE		Indigenous Clients only	TBA
	Moree Plains	Centacare		Indigenous Clients only	02 6738 7200
	Narrabri	Centacare		Indigenous Clients only	02 6738 7200
	Tamworth Regional	HealthWISE		Indigenous Clients only	TBA
	Tenterfield	HealthWISE		Indigenous Clients only	TBA
	Uralla	HealthWISE		Indigenous Clients only	TBA
	Walcha	HealthWISE		Indigenous Clients only	TBA
Group Program	Armidale Dumaresq	HealthWISE		Indigenous Clients only	TBA
	Glen Innes Severn	HealthWISE		Indigenous Clients only	TBA
	Gunnedah	Centacare		Indigenous Clients only	02 6738 7200
	Inverell	HealthWISE		Indigenous Clients only	TBA
	Liverpool Plains	HealthWISE		Indigenous Clients only	TBA
	Moree Plains	Centacare		Indigenous Clients only	02 6738 7200
	Narrabri	Centacare		Indigenous Clients only	02 6738 7200
	Tamworth Regional	HealthWISE		Indigenous Clients only	TBA
Peer Navigation	Armidale Dumaresq	HealthWISE		Indigenous Clients only	TBA
	Glen Innes Severn	HealthWISE		Indigenous Clients only	TBA

	Gunnedah	Centacare		Indigenous Clients only	TBA
	Guyra	HealthWISE		Indigenous Clients only	TBA
	Gwydir	HealthWISE		Indigenous Clients only	TBA
	Inverell	HealthWISE		Indigenous Clients only	TBA
	Liverpool Plains	HealthWISE		Indigenous Clients only	TBA
	Moree Plains	Centacare		Indigenous Clients only	TBA
	Narrabri	Centacare		Indigenous Clients only	TBA
	Tamworth Regional	HealthWISE		Indigenous Clients only	TBA
	Tenterfield	HealthWISE		Indigenous Clients only	TBA
	Uralla	HealthWISE		Indigenous Clients only	TBA
	Walcha	HealthWISE		Indigenous Clients only	TBA
Suicide Preparedness & Postvention	Gunnedah	Centacare		Indigenous Clients only	TBA
	Liverpool Plains	HealthWISE		Indigenous Clients only	TBA
	Moree Plains	Centacare		Indigenous Clients only	TBA

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