

# HUNTER NEW ENGLAND AND CENTRAL COAST PHN Aboriginal Health Profile 2018

## ABORIGINAL AND TORRES STRAIT ISLANDER POPULATION



LGA	%	LGA	%
Armidale Regional	7.4	Upper Hunter Shire	5.1
Central Coast	3.8	Uralla	6.9
Cessnock	7.2	Walcha	6.0
Dungog	5.1		
Glen Innes Severn	6.0		
Gunnedah	12.8		
Gwydir	5.7		
Inverell	8.5		
Lake Macquarie	4.1		
Liverpool Plains	12.4		
Maitland	5.3		
Mid-Coast	6.2		
Moree Plains	21.6		
Muswellbrook	8.3		
Narrabri	12.2		
Newcastle	3.5		
Port Stephens	4.8		
Singleton	5.7		
Tamworth Regional	10.1		
Tenterfield	6.0		



Over 1.2 Million people live in our region

**5.4%**

**(65,183) IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** compared with 2.8% nationally

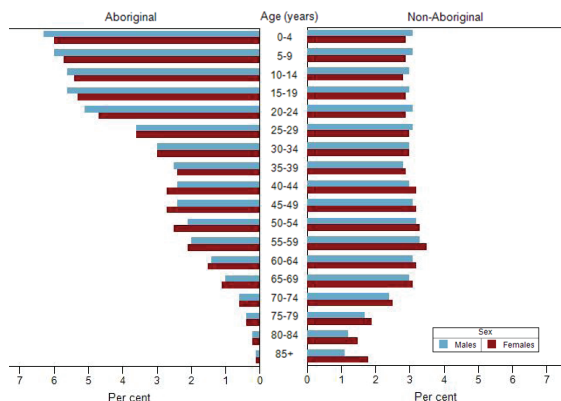
We acknowledge the traditional custodians of the land we walk upon today and respect their continuing culture and the contribution they make to the life of this vast region.

Aboriginal Nations within the HNECC region include;

- Anaiwan and Nganyaywana
- Awabakal
- Biripi
- Darkinjung
- Dunghutti
- Geawegal
- Kamilaroi
- Kuring-gai
- Ngarabal
- Wonnaru
- Worimi

Areas with the highest proportion of Aboriginal and Torres Strait Islander people include Moree Plains, Gunnedah, Liverpool Plains, Narrabri and Tamworth Regional LGAs.

## AGE PROFILE OF OUR REGION



The Aboriginal population of our region has a **YOUNGER AGE STRUCTURE** than the non-Indigenous population, there are **A LOT MORE CHILDREN THAN ADULTS**

## 715 HEALTH CHECKS

Aboriginal and Torres Strait Islander people are eligible for an annual 715 Health Assessment. In our region, **16,471 OF THESE HEALTH CHECKS WERE PERFORMED** in 2015-16, that's **ONLY ONE FOR EVERY FOUR** Aboriginal and Torres Strait Islander people. Increasing access to these health checks will help close the life expectancy gap.

## CHRONIC DISEASE

**73%** of Aboriginal and Torres Strait Islander people in our region have **AT LEAST ONE LONG TERM HEALTH CONDITION** (Australia 67.4%),

**21.2%** have **ONE CONDITION** and **51.9% HAVE TWO OR MORE** (Australia 20.9% and 46.5%)

**22.6%** of Aboriginal and Torres Strait Islander people in our region **HAVE ASTHMA** (Australia 17.5%)

## MUMS AND BUBS



**39.7% OF ABORIGINAL AND TORRES STRAIT ISLANDER MOTHERS** in our region and 11.3% of non-Indigenous mothers **SMOKE DURING PREGNANCY** (NSW 41.3% and 6.9%)



**74.4% OF ABORIGINAL AND TORRES STRAIT ISLANDER MOTHERS** in our region and 80% of non-Indigenous mothers have an **ANTENATAL VISIT BEFORE 14 WEEKS GESTATION** (NSW 64.6% and 67.8%)



**13% OF ABORIGINAL AND TORRES STRAIT ISLANDER MOTHERS** in our region and 8.7% of non-Indigenous mothers have **PRE-TERM BIRTHS** (NSW 12.7% and 7.7%)



**10.8% OF ABORIGINAL AND TORRES STRAIT ISLANDER MOTHERS** in our region and 6.5% of non-Indigenous mothers have **LOW BIRTH WEIGHT BABIES** (NSW 11.3% and 6.4%)

## SELF-ASSESSED HEALTH

**42.3%** of Aboriginal and Torres Strait Islander people in our region aged 15 years+ **RATE THEIR HEALTH AS VERY GOOD OR EXCELLENT**, **36.8% RATE THEIR HEALTH AS GOOD**, and **21% RATE THEIR HEALTH AS POOR OR FAIR** (Australia 39.3%; 36.5%; 24.2%)

## LIFE EXPECTANCY IN AUSTRALIA



## IMMUNISATION

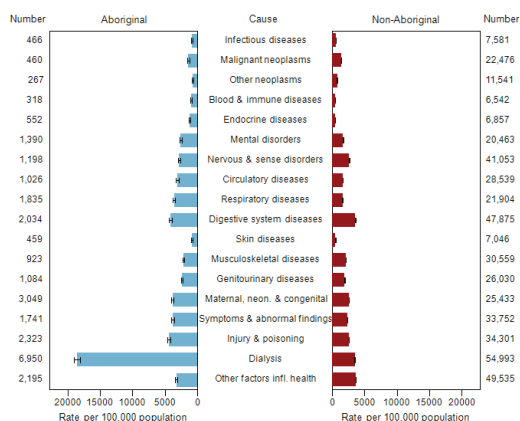


Proportion Fully Immunised by Age	1yr	2yrs	5yrs
Aboriginal and Torres Strait Islander Children	<b>95.3%</b>	<b>92.1%</b>	<b>96.7%</b>
All Children	<b>95.5%</b>	<b>93.2%</b>	<b>95.7%</b>

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## HOSPITALISATIONS

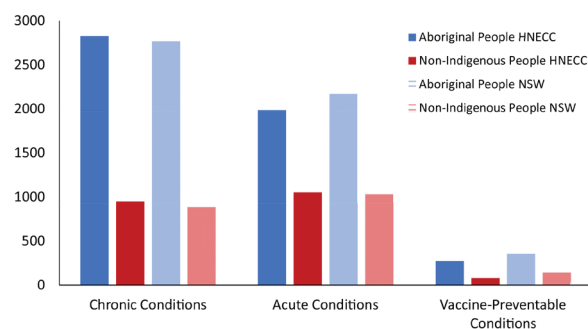
Hospitalisations In Our Region By Cause



There were 28,274 hospitalisations of Aboriginal and Torres Strait Islander people in our region at a rate of 60,044 per 100,000 people (NSW rate 62,024), by comparison non-Indigenous people were hospitalised at a rate of 34,119 per 100,000 (NSW 33,804)

**THE MOST COMMON CAUSE OF HOSPITALISATIONS FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE IS DIALYSIS**, for which they are more than four times as likely to be hospitalised as non-Indigenous

Potentially Preventable Hospitalisations

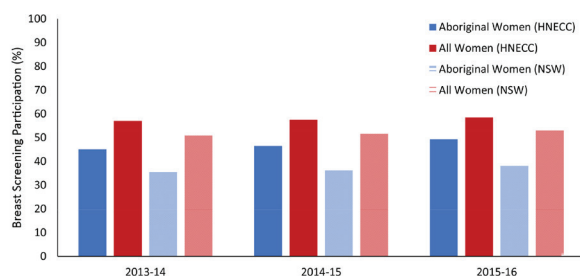


Potentially Preventable Hospitalisations (PPHs) are those which could have been avoided through preventive care and early disease management

PPHs are much more common amongst Aboriginal and Torres Strait Islander people than non-Indigenous people

## BREAST SCREENING

Breast screening in Aboriginal and Torres Strait Islander women is slowly increasing but **CLOSE TO 2,208 ABORIGINAL AND TORRES STRAIT ISLANDER WOMEN IN OUR REGION WENT UNSCREENED IN 2015/16**



The **CENTRAL COAST HAS THE LOWEST BREAST SCREENING RATES** for Aboriginal and Torres Strait Islander women (Gosford 27.5%, Wyong 37.6%)

LGA's with the **HIGHEST BREAST SCREENING RATES** for Aboriginal and Torres Strait Islander women:

- o **GLOUCESTER** (71.1%)
- o **MUSWELLBROOK** (67%)
- o **TENTERFIELD** (66.2%)

**ABORIGINAL AND TORRES STRAIT ISLANDER WOMEN ARE LESS LIKELY TO PARTICIPATE IN BREAST SCREENING** than non-Indigenous women

## HEALTH RISK FACTORS



**36.7%** of Aboriginal and Torres Strait Islander people in our region aged 15 years+ **SMOKE DAILY** (Australia 41.6%)



**60.9%** of Aboriginal and Torres Strait Islander people in our region are **OVERWEIGHT (23.2%) OR OBESE (37.7%)** compared to 54.9% for Australia (25.9% overweight, 29.0% obese)

## FACTORS WHICH IMPACT ON HEALTH



**78.2%** of Aboriginal and Torres Strait Islander people in our region are **PARTICIPATING FULL-TIME IN SECONDARY SCHOOL AT 16 YEARS** (Australia 71.3%)



**22%** of Aboriginal and Torres Strait Islander households in our region **DON'T HAVE ACCESS TO THE INTERNET** (Australia 23.6%)



**14.7%** of Aboriginal and Torres Strait Islander people in our region aged 15 years+ **PROVIDE UNPAID ASSISTANCE TO SOMEONE WITH A DISABILITY** (Australia 13.7%)



**46.8%** of Aboriginal and Torres Strait Islander families in our region are **SINGLE PARENT FAMILIES** (Australia 45.9%)



**11.7%** of Aboriginal and Torres Strait Islander families in our region have a **LOW INCOME** (Australia 13.1%)

Proportions are estimated from Indigenous Areas that make up the HNECC region and may vary slightly from actual proportions.

## SOURCES

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