

DEMOGRAPHICS

OVER
1.2
MILLION
PEOPLE LIVE IN OUR REGION

133,812 KM²



WE ARE THE SECOND LARGEST PHN
IN NEW SOUTH WALES

OUR **POPULATION** IS PREDICTED TO **INCREASE BY 19.5% BY 2031**,
TO WELL OVER **1.4 MILLION PEOPLE**

Our region spans across **23 LOCAL GOVERNMENT AREAS** and has a mix of metropolitan, regional and rural areas. It reaches from just north of Sydney, across the north west of NSW to the QLD border.

5.4% (65,183) of people in our region identify as **ABORIGINAL AND TORRES STRAIT ISLANDER** compared to 2.8% nationally.

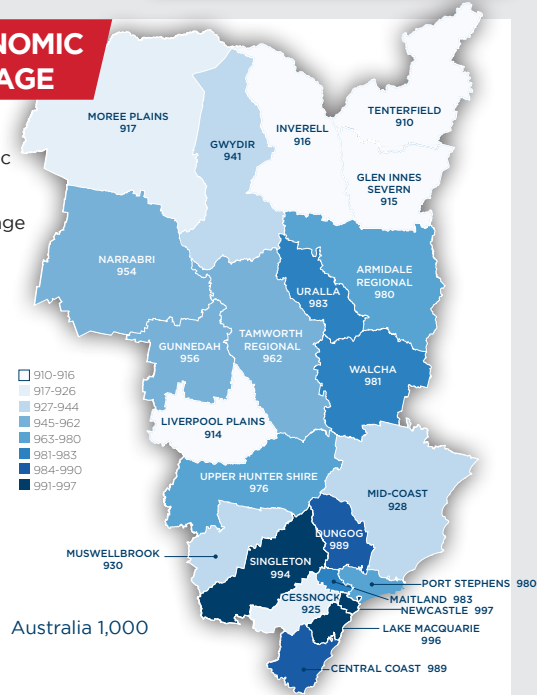
19.1% of our population is aged **65 YEARS AND OVER** compared to 15.2% nationally.

Our region has a **LOWER PROPORTION OF PEOPLE FROM NON-ENGLISH SPEAKING BACKGROUNDS** (5.2%) than the nation (17.9%).

SOCIO-ECONOMIC DISADVANTAGE

The Socio-Economic Indexes for Areas (SEIFA) Index of Relative Disadvantage scores indicate the level of relative disadvantage in an area based on a range of economic and social measures.

The lower the score (lighter blue) the greater the relative disadvantage experienced in that community, higher scores (darker blue) indicate less disadvantage in general.



MENTAL HEALTH



1 IN 7 people (14.4%) experience **CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** which is **HIGHER THAN THE NATIONAL AVERAGE** (13.6%).



Our region has **HIGHER RATES OF HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** (12.2 per 100) than Australia (11.7).

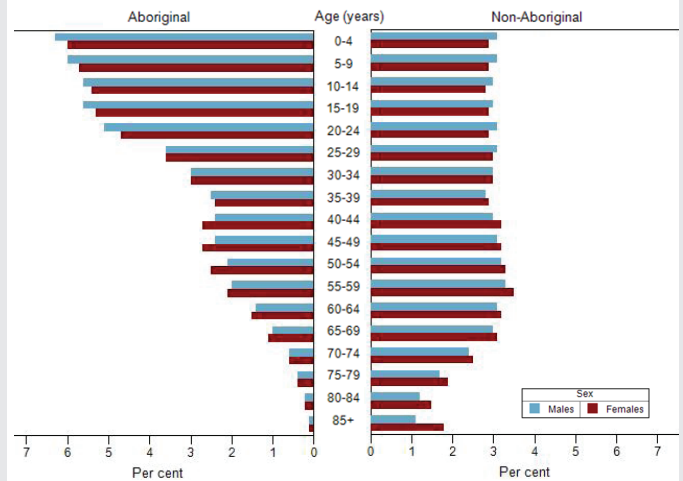
9,775 PER
100,000

people **HAVE MENTAL HEALTH TREATMENT PLANS** prepared by a GP in our region, compared to the national rate of 8,037



Compared with Australia we have **LOWER RATES OF 15-24 YEAR OLDS WHO ARE EARNING OR LEARNING, A RISK FACTOR** for youth mental health issues (HNECC: 82.3% Australia: 84.3%)

AGE PROFILE OF OUR REGION



CANCER SCREENING



The **CERVICAL CANCER SCREENING** participation rate in our region (58.5%) is **HIGHER THAN THE NSW RATE** (56.3%)

The **BREAST CANCER SCREENING** participation rate in our region (58.5%) is **HIGHER THAN THE NSW RATE** (53.0%)

The **BOWEL CANCER SCREENING** participation rate in our region (40.8%) is **HIGHER THAN THE NSW RATE** (37.8%)

IMMUNISATIONS



95.5% OF 1 YEAR OLD CHILDREN ARE FULLY IMMUNISED
(Australia 93.8%)

93.2% OF 2 YEAR OLD CHILDREN ARE FULLY IMMUNISED
(Australia 90.9%)

95.7% OF 5 YEAR OLD CHILDREN ARE FULLY IMMUNISED
(Australia 93.5%)

HPV

84.7% OF TEENAGE GIRLS AND 78.1% OF BOYS are fully immunised against **HPV** (Australia 80.1% and 74.1%).

LIFE EXPECTANCY

IN OUR REGION

78.9 YEARS MALES
83.5 YEARS FEMALES

IN AUSTRALIA

80.4 YEARS MALES
84.5 YEARS FEMALES



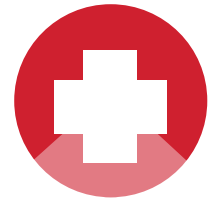
SELF-ASSESSED HEALTH



people aged 15 years and over **RATE THEIR HEALTH AS FAIR OR POOR**, which is higher than our national rate (14.8 per 100).

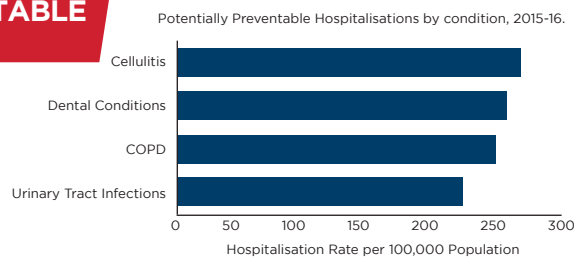
ED PRESENTATIONS

Our region has over a **THIRD MORE EMERGENCY DEPARTMENT PRESENTATIONS PER 100,000 PEOPLE THAN AUSTRALIA**. This is a significant difference.



POTENTIALLY PREVENTABLE HOSPITALISATIONS

Potentially Preventable Hospitalisations are those which **COULD HAVE BEEN AVOIDED THROUGH PREVENTIVE CARE** and **EARLY DISEASE MANAGEMENT**.



ACCESS TO SERVICES

IN SUMMARY

General Practitioners	1250
General Practices	410
Aboriginal Medical Services	12
Local Health Districts	2
Public Hospitals	31
Pharmacies	303

HEALTH RISK FACTORS



34.2 IN 100 ADULTS ARE OVERWEIGHT AND 33.7 ARE OBESE. (Australia 35.5 and 27.9)

20.1 IN 100 PEOPLE AGED 15YR+ CONSUME ALCOHOL AT LEVELS CONSIDERED TO BE A HIGH RISK to health (Australia 16.7)

20.2 IN 100 ADULTS SMOKE (Australia 16.1)



RATES OF CHRONIC DISEASE

HIGH BLOOD CHOLESTEROL 32.5/100 (Australia 32.8)

CIRCULATORY SYSTEM DISEASE 18.5/100 (Australia 17.3)

DIABETES 4.9/100 (Australia 5.4)



CHRONIC OBSTRUCTIVE PULMONARY DISEASE 3.0/100 (Australia 2.4)

ASTHMA 11.5/100 (Australia 10.2)

MUSCULOSKELETAL SYSTEM DISEASE 30.5/100 (Australia 27.7)

FACTORS WHICH IMPACT ON HEALTH



18.4% of dwellings in our region are **WITHOUT AN INTERNET CONNECTION** (Australia 14.1%)



6.4% OF THE DWELLINGS in our region **DO NOT HAVE A MOTOR VEHICLE** (Australia 7.5%)



MANY FAMILIES (25.9%) in our region are **SINGLE PARENT FAMILIES** (Australia 20.4%)



THREE-QUARTERS (74.4%) of our population who are aged **65 YEARS AND OVER RECEIVE AN AGE PENSION** (Australia 71.1%)

5.7%

5.7% of our population aged **16 – 64 YEARS RECEIVE AN UNEMPLOYMENT BENEFIT LONG TERM** (Australia 4.4%)



A high number (**25.4%**) of **LOW INCOME HOUSEHOLDS** in our region are **UNDER FINANCIAL STRESS FROM MORTGAGE OR RENT** (Australia 28.4%)

SOURCES

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Public Health Information Development Unit (PHIDU). (2017). Social Health Atlas of Australia: Data by Primary Health Network. [Data set]. Retrieved from www.phidu.torrens.edu.au/

For more information please visit

www.hnecphn.com.au