

POPULATION HEALTH SNAPSHOT 2018

Uralla LGA

OUR PEOPLE



419 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is **6.9%** of the population (NSW 2.9%)

85.3% of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

343 PEOPLE have a **PROFOUND OR SEVERE DISABILITY** this is **6.2%** of the population (NSW 5.6%)



POPULATION
6,048

The population will grow to approximately 6,550 in 2036

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **983**, **URALLA** is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **3.9%** (NSW 4.8%)

19.8 in 100 people had **GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME** for 13 months or more in 2013 and 2014 (NSW 20.4)



82.4% of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



18.3 SMOKED (NSW 16)

21.5 consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



34.2 were **OVERWEIGHT** (NSW 37.4) and another **37.5** were **OBESE** (NSW 28.2)

48.9 **ATE ENOUGH FRUIT** (NSW 49.2)



74.8 had **LOW OR NO EXERCISE** (NSW 67.1)

MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **2.2 BIRTHS PER WOMAN** (NSW 1.9)

14.9% of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**



6.9% of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **63.9%** of pregnancies in 2014-16 which was **SIMILAR TO** the **NSW AVERAGE**

IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

94% of **1 YEAR OLDS** (Australia 93.8%)

93.1% of **2 YEAR OLDS** (Australia 90.9%)

94.1% of **5 YEAR OLDS** (Australia 93.5%)



MENTAL HEALTH

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by **8.4** of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by **13.5** of every 100 people in 2011-12 (NSW 13.1)

There were **11 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **173.7** per 100,000 people which was **SIMILAR TO** the **NSW RATE**



4 PEOPLE DIED BY SUICIDE between 2000 and 2013

RATES OF CHRONIC DISEASE

DIABETES MELLITUS
4.3 per 100 (NSW 5.8)

HIGH CHOLESTEROL
34.6 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE
18.1 per 100 (NSW 17.8)

ASTHMA
11.5 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE
2.7 per 100 (NSW 2.6)

ARTHRITIS
15.5 per 100 (NSW 15.3)
(2011-12)

19.3% of the population are aged **0-14 years** (NSW 18.5%)

20.5% of the population are aged **65 years +** (NSW 16.3%)

For every 100 people of working age there are 66 who aren't

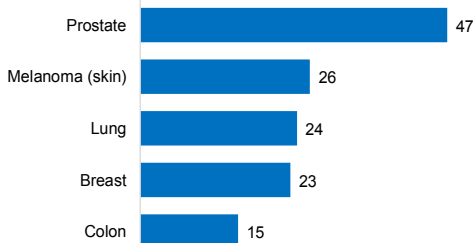
There are **2 people per km²** (NSW 10)

CANCER INCIDENCE

58 NEW CASES of cancer were diagnosed in 2013

CANCER INCIDENCE in 2013 (590.7 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

Most COMMON CANCER TYPES (number of cases, 2009-13)



CANCER MORTALITY

The cancer mortality rate in 2013 (206.6 per 100,000) was HIGHER THAN THE NSW RATE (170)



HPV VACCINATION

73.5% of teenaged GIRLS and 69.3% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

SERVICES WE COMMISSION IN THE AREA

Allied Health Services

Drug & Alcohol Treatment Services

Mental Health Services

Suicide Prevention Services

Indigenous Health & Mental Health Services

Primary Health Care Nursing

CANCER SCREENING PARTICIPATION 2015-16

There are LOWER BREAST SCREENING rates amongst ABORIGINAL AND TORRES STRAIT ISLANDER and CULTURALLY AND LINGUISTICALLY DIVERSE women

Breast Screening (NSW 53%)

75%

229 WOMEN UNSCREENED

Cervical Screening (NSW 56.3%)

59.7%

677 WOMEN UNSCREENED

Bowel Screening (NSW 37.8%)

44.1%

302 PEOPLE UNSCREENED

POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were 153.9 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2,414.4 per 100,000

This was SIMILAR TO THE NSW RATE (2,104.2)



ACCESS TO SERVICES

In 2014 77 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 1.7 per 100 people (NSW 2.5)



In 2014 170 PEOPLE experienced difficulty or COULDN'T GET TO PLACES WITH TRANSPORT at a rate of 3.5 per 100 people (NSW 4.3)



In 2016 75.7% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 2 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 2,668 PEOPLE



DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. www.jobs.gov.au > Australian Bureau of Statistics (2017). *2016 Census Quickstats*. www.censusdata.gov.au > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. www.myhealthycommunities.gov.au > Australian Institute of Health and Welfare (2018). *MyHospitals*. www.myhospitals.gov.au > Cancer Institute NSW (2017). *Cancer Statistics NSW*. www.cancerinstitute.org.au > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. www.healthstats.nsw.gov.au > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*. www.planning.nsw.gov.au > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. www.phidu.torrens.edu.au