

POSITION DESCRIPTION

CCLHD - Eating Disorders Early Intervention Clinician

Our CORE values
Collaboration Openness Respect Empowerment



Organisation	NSW Health
Local Health District / Agency	Central Coast Local Health District
Position Classification	Clinical Nurse Specialist Gde 2, Occupational Therapist Lvl 3, Psychologist, Snr Psychologist, Social Worker Lvl 3
State Award	Health and Community Employees Psychologists (State) Award NSW Health Service Health Professionals (State) Award Public Health System Nurses & Midwives (State) Award
Category	Allied Health Health Clinician
Website	www.cclhd.health.nsw.gov.au

PRIMARY PURPOSE

- Provide specialist eating disorder services, liaison and consultation regarding the management of children and young people aged 5 up to 18 with eating disorders and their families in community settings.
- Provide specialist eating disorder services, liaison and consultation regarding the management of children and young people and their families in hospital based settings including mental health inpatient units. Liaises with tertiary hospitals in Sydney and Newcastle in the transfer of care of young people back to the Central Coast.
- Provide senior clinical leadership in the development and delivery of eating disorder specific care to young people, carers and families and health care professionals, across the health district and to promote cultural change and awareness of eating disorders.
- Build the capacity of non-specialist services to deliver early identification and treatment for children and adolescents with eating disorders and their families and carers.
- Is responsible for delivering consultation on complex specialist care and leading development of specialist clinical practice and service delivery to provide effective, timely and quality care for patients/clients with complex care needs from the inpatient to community setting.

This role is suitable for the following:

- Senior Psychologist
- Psychologist
- Social worker Level 3
- Occupational Therapist Level 3
- Clinical Nurse Specialist Grade 2

COVID-19 VACCINATION COMPLIANCY

All NSW Health workers are required to have completed a primary course of a COVID-19 vaccine which has been approved or recognised by the Therapeutics Goods Administration (TGA). New applicants must have completed the

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vaccination course prior to commencement with NSW Health, or provide an approved medical contraindication certificate certifying the worker cannot have any approved COVID-19 vaccines available in NSW.

Acceptable proof of vaccination is the Australian Immunisation Register (AIR) Immunisation History Statement or AIR COVID-19 Digital Certificate. Booster doses are highly recommended for all health care workers who have completed the primary course of COVID-19 vaccinations. Please provide proof of booster vaccination if available.

ESSENTIAL REQUIREMENTS

Responsibilities Under WHS: Non-Supervisor

You must take all reasonable care for yourself and others and comply with any reasonable instruction, policies and procedures relating to work health safety and wellbeing.

KEY ACCOUNTABILITIES

- Practices in accordance with the Professional Standards of Practice for their profession. Undertakes clinical interventions to the level and scope of practice, to support the client to achieve their health and wellbeing goals and facilitate positive health outcomes.
- Liaises with CCLHD and community organisations to promote early identification and early treatment of young people with eating disorders, or at risk of developing one, and their families. Collaborates with members of multi-disciplinary treatment teams and relevant community service providers to coordinate the delivery of patient focussed specialised eating disorder treatment and support services across the care continuum to patients and their families. To work closely with CC MH Services and community based services to facilitate access to treatment and continuity of care of young people, families and carers needing support.
- Provides complex specialist clinical consultation to clients/patients, carers and medical officers, including timely and accurate maintenance of health care information and documentation and care management planning to facilitate positive health outcomes. Provision of specialised information, education and support to clients and families/carers relating to Eating Disorders in accordance with evidence based clinical practice guidelines.
- Provides specialist clinical leadership and acts as a resource, mentor and peer supervisor to other health care professionals and services to enhance capability and knowledge of staff and enable delivery to optimal care.
- Provides assessment of social, psychological, familial and environmental issues that impact on a young person's mental health and development of an eating disorder.
- Participates in Quality Improvement activities and contributes to the development of clinical processes, policies and procedures related to eating disorders to promote the advancement of clinical practice in healthcare settings and in the community.
- Provides advice to the Area Eating Disorders Coordinator and the Service Manager of CAMHS in the development of clinical services to meet consumer needs.
- Comply with NSW Health and CCLHD policies and procedures and perform all other delegated tasks appropriately in line with grading and capabilities.

KEY CHALLENGES

- Facilitating implementation of evidence based best practice, and evidence based care for eating disorder

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service delivery within a diverse, challenging and changing environment, with resource constraints, whilst promoting awareness and cultural change regarding young people with eating disorders.

- Prioritising competing demands in situations of professional and emotional intensity whilst delivering care for consumers who require a high level of clinical expertise in a variety of clinical settings. Maintain a diverse and complex casework with patients and families who may be experiencing high levels of distress, anger and anxiety.
- Managing effective communication and collaboration between multiple internal and external stakeholders whilst maintaining professional boundaries and being able to work autonomously whilst managing competing demands and priorities.

KEY RELATIONSHIPS

Who	Why
Service Manager of CAMHS and Area Eating Disorders Coordinator.	To provide and receive feedback regarding professional and operational leadership and management in relation to the delivery of effective, timely and quality care of young people with eating disorders and their families.
Managers, medical officers and staff from inpatient settings, emergency departments and outpatient multidisciplinary teams.	Provide clinical leadership, education and advice; delegation and supervision; consult and collaborate regarding planning, delivery and evaluation of quality patient care; develop and foster key relationships to increase consumer access to quality and timely eating disorder treatment.
Consumer's families, carers, GP's and medical practitioners and external organisations and other health, welfare and education providers. ie NGO's, PHN and Government agencies.	To provide and receive feedback and information to support the delivery of services. To provide consumer centred treatment and clinical advice. Provide clinical leadership, education and advice; consult and collaborate regarding planning, delivery and evaluation of quality patient care; develop and foster key relationships to increase consumer access to quality and timely eating disorder treatment. Exchange of information and resources.
Managers and staff from multidisciplinary teams and private providers in the community.	To provide and receive feedback and information to support the delivery of services. Provide clinical leadership, education and advice; consult and collaborate regarding planning, delivery and evaluation of quality patient care; develop and foster key relationships to increase consumer access to quality and timely eating disorder treatment.

SELECTION CRITERIA

1. Minimum tertiary degree and current full registration with APHRA or eligible for membership of relevant professional body as a Social Worker, Occupational Therapist, , Registered Nurse, Registered Psychologist or endorsed Clinical Psychologist at least three years post graduate experience either working within Mental Health and/or Child and Adolescent Mental Health Services or a specialist Eating Disorders service.
2. Demonstrated knowledge of disordered eating, body image and related social and cultural issues with

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extensive understanding of the clinical expertise required in the identification, assessment, diagnosis, care planning, management, treatment in young people.

3. Demonstrated clinical expertise and clinical leadership in mental health including ability to develop speciality clinical practice and service delivery and provide consultation on care of complex patients in the community and inpatient setting.
4. Demonstrated excellent, interpersonal and communication skills- including verbal, written, with the ability to work autonomously and in a multidisciplinary team.
5. Demonstrated ability to interact constructively and collaboratively with a diverse range of stakeholders throughout all organisational levels.
6. Demonstrated experience and ability to liaise, consult and educate on medical and/or mental health issues with multiple stakeholders internal and external to health.
7. Demonstrated experience in the application of quality improvement principles, the principles of group education and group therapy.
8. Demonstrated commitment to Caring for the Coast, vision, goals, and strategies with demonstrated behaviours which align with the NSW Health CORE values and CCLHD Values and Behaviours Charter, understanding of how the District is Caring for the Coast and how this role would contribute.

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CAPABILITIES FOR THE ROLE

The NSW Public Sector Capability Framework applies to all NSW public sector employees. The Capability Framework is available via the [Public Service Commission website](#).

Capability Summary

Below is the full list of capabilities and the level required for this role. The capabilities in bold are the focus capabilities for this role. Refer to the next section for further information about the focus capabilities.

NSW Public Sector Capability Framework		
Capability Group	Capability Name	Level
 Personal Attributes	Display Resilience and Courage	Intermediate
	Act with Integrity	Adept
	Manage Self	Intermediate
	Value Diversity	Adept
 Relationships	Communicate Effectively	Adept
	Commit to Customer Service	Adept
	Work Collaboratively	Adept
	Influence and Negotiate	Intermediate
 Results	Deliver Results	Intermediate
	Plan and Prioritise	Intermediate
	Demonstrate Accountability	Intermediate
 Business Enablers	Finance	Foundational
	Technology	Intermediate
	Procurement and Contract Management	Foundational
	Project Management	Foundational